

Exam – Basic First Aid Summary

True (T) or False (F)

1. **T** **F** Universal precautions are means, methods and procedures to prevent a first aid Provider from coming into contact with blood borne pathogens and contracting a blood borne illness/disease.
2. **T** **F** If you get chemicals in your eyes, flush them with hot water for 10 minutes.
3. **T** **F** For an injury with uncontrollable bleeding, apply direct pressure to the wound area and call for 911 emergency services.
4. **T** **F** The first step in responding to an injury is to survey the area to ensure it is safe to respond.
5. **T** **F** For thermal and chemical burns to the body, the immediate response is to flush the affected area under tepid water.
6. **T** **F** For thermal or chemical burns that cause blistering or more severe damage to the skin, medical attention should be sought after first aid treatment.
7. **T** **F** Embedded particles or materials in the eye or eyelid should be removed and 911 emergency services should be called or seek medical treatment.
8. **T** **F** Persons with broken bones should not be moved until 911 emergency services arrive unless leaving them poses a risk of further injury.

(Select the best answer)

9. Which of the following requires immediate call for 911 emergency services:

- A. Respiratory distress (breathing)
- B. Suspected cardiac issues (heart)
- C. Loss of consciousness or confusion
- D. All of the above.**

10. Which of the following are symptoms of heat exhaustion:

- A. Severe thirst
- B. Profuse sweating
- C. Dizziness or fainting
- D. A and C**