

## Exam – Hand and Arm Safety and PPE Overview

### True (T) or False (F)

1. T F Gloves and arm protection are universal and can be used to protect against any hazard.
2. T F Ensuring machine guards are in-place and in good working order is an important part of hand and arm safety.
3. T F Employers are required to document a hazard assessment that identifies hand and arm hazards and specifies required hand and arm PPE.
4. T F Employers are required to institute feasible engineering controls to eliminate/reduce hand arm hazards.
5. T F Dermatitis is not an arm and hand hazard.
6. T F Report arm and hand PPE issues, concerns or questions to your Supervisor.
7. T F Machine guards must never be by-passed.
8. T F Hand and arm protection must be inspected prior to each use to ensure it is in good condition.

### (Select the best answer)

**9. Hand and arm PPE training must include:**

- A. Wearing procedures
- B. Removing procedures
- C. Storage and maintenance procedures
- D. All of the above

**10. Hand and arm hazards includes:**

- A. Cuts, punctures and abrasions
- B. Thermal and chemical burns
- C. Musculoskeletal
- D. All of the above